

# Making a difference

There are many ways to support the Cancer Society and people affected by cancer in your community.

## Become a volunteer

Cancer Society volunteers provide valuable help and support in a number of areas:

- Transporting patients to treatment and appointments
- Clerical support at Daffodil House
- Assisting with events such as Daffodil Day and Relay For Life

## Make a donation

By supporting the Cancer Society you are helping to provide free support services and information for people affected by cancer and also supporting vital scientific research into the causes and treatment of cancer.

There are many ways to give:

- Make a donation
  - Online at [www.cancersocietyauckland.org.nz](http://www.cancersocietyauckland.org.nz)
  - In person at Northland's Daffodil House or Auckland's Domain Lodge
  - By phone or mail
- Create your own fundraising event
- Support Cancer Society events
- Include the Cancer Society in your will
- Sponsorship and corporate giving

For more information about how you can help make a difference please call the Cancer Society Northland on **09 437 5593** or tollfree **0800 366 006**.



For cancer information and support phone the

**Cancer Information Helpline**  
**0800 CANCER (226 237)**

# Cancer Society Northland



## Cancer Society of New Zealand Auckland Division Inc.

### Northland

Daffodil House  
73 Kamo Rd, PO Box 8100,  
Kensington, Whangarei 0145  
Phone. 09 437 5593 Fax. 09 437 5602  
Tollfree. 0800 366 066

### Auckland

Domain Lodge  
1 Boyle Cres, Grafton,  
PO Box 1724, Shortland St, Auckland 1140  
Phone. 09 308 0160 Fax. 09 308 0175

[www.cancersocietyauckland.org.nz](http://www.cancersocietyauckland.org.nz)





## Helping people affected by cancer

**The Cancer Society Northland offers a range of free support services for people affected by cancer including:**

- Community Liaison Nurses who visit people in their home and offer practical information and support to help them manage their cancer experience
- Information including cancer specific booklets, factsheets and library books
- Counselling services to help people and their family/whanau adjust to the emotional impact of cancer
- Aromatherapy massage to assist with physical and emotional wellbeing
- Support groups that put people in touch with others living with cancer
- Cancer Information Helpline answered by experienced cancer nurses, able to offer support and information on any cancer-related issue between 8am-5pm weekdays
- Help with transport to treatment within the Whangarei area
- Accommodation in Whangarei and at Auckland's Domain Lodge for people having to travel away from home for cancer treatment

There is no charge for Cancer Society services for people with cancer.

To make an appointment or to find out more please contact the Cancer Society Northland on **09 437 5593** or tollfree **0800 366 066**.

## About us

The Cancer Society of New Zealand is an independent non-government organisation dedicated to reducing the incidence and impact of cancer in the community through research, support, information and health promotion.

Regarded as one of New Zealand's most trusted charities, the Cancer Society is reliant on donations and bequests.

The Cancer Society Northland covers the area between Kaiwaka in the South and Cape Reinga in the North, and is a service of the Cancer Society Auckland Division.

## Cancer research

The Auckland Cancer Society Research Centre was founded in 1956 by the Cancer Society Auckland Division.

With the support of the Cancer Society the Research Centre carries out vital research into the causes and treatments of cancer and has an international reputation as a leading anti-cancer drug development laboratory.

The Cancer Society is New Zealand's largest private funder of cancer research and is committed to working towards creating a future with less cancer.

## Reducing the risk of cancer

The Cancer Society Northland works collaboratively with other community groups to achieve healthy public policy and to promote healthy lifestyle choices.

Being smokefree, practicing sunsmart behaviour, eating a healthy diet, limiting alcohol consumption, and being active as part of every day life, can help to reduce the risk of developing some cancers and other chronic diseases.

Some of the activities carried out by the Cancer Society to reduce the risk of cancer include:

- SunSmart Schools Accreditation programme
- SunSmart workplaces
- Smokefree parks and playgrounds
- SunSmart and Smokefree events
- Healthy eating and catering choices

