

Media Release

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Become a SunSmart school star

School is back! With continued sunny weather it is important that students are protected from the sun's UV rays which can cause sunburn and result in skin cancer.

The SunSmart schools programme provides accreditation by the Cancer Society to schools that develop and implement a comprehensive sun protection policy and put SunSmart behaviours and education into practice. This includes wearing a wide brimmed hat that protects the face, neck and ears, providing shaded areas for outdoor play, encouraging the use of SPF 30+ sunscreen on exposed skin, where possible scheduling outdoor activities before 11am or after 4pm and teaching students how and why they need to be SunSmart.

To promote the programme and engage students in understanding how and why to be SunSmart the SunSmart Schools programme is running a video competition. Students need to create a short video clip that tells a story of how and why their school/kura is or should be Sunsmart. There are some great prizes for the competition including three interactive whiteboards. Each region will also be providing prizes for winning schools and students. Details can be found on the SunSmart schools website <http://www.sunsmartschools.co.nz/teachers/video>

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